



# ERCU#1 Middle School February 2012

This institution is an equal opportunity provider.

Find fun, easy Valentine Cupcake ideas at: [Crunch-a-Bunch Cupcakes Recipe - Kellogg's®](#)

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>February</b> 1 Breakfast Pizza or Cereal Scooby Grahams Juice	2 Sausage/Biscuit/Gravy or Cereal Biscuit/Jelly Juice	3 Pop Tart or Cereal Yogurt Juice
		Grilled Chicken Patty/Bun Tater Tots Cookie Choice of Fruit	Chicken Fajita Lettuce/Cheese Cup Corn Choice of Fruit	Burrito Nachos/salsa – Green Beans Pudding Choice of Fruit
6 Sausage/Egg/Cheese Biscuit or Cereal – Yogurt Juice	7 Pancakes/Syrup or Cereal Sausage Patty Juice	8 Ham/Egg/Cheese Bar or Cereal Toast/Jelly Juice	9 Oatmeal w/Brown Sugar/Cinnamon or Cereal English Muffin/Jelly - Juice	10 Egg Omelet or Cereal Toast/Jelly Juice
Vegetable Beef Soup/Crackers Grilled Cheese Pickle Spear Choice of Fruit	B B Q Pork/ Bun Carrots/Dip Pudding Choice of Fruit	Turkey/Bun Hash browns Cookie Choice of Fruit	Taco Casserole Lettuce cup Fritos – Corn Choice of Fruit	Corn Dog Baked Beans Iced Graham Crackers Choice of Fruit
13 Breakfast Burrito or Cereal English Muffin/Jelly Juice	14 	15 Toasted Cheese or Cereal Toast/Jelly Juice	16 PBJ or Cereal Yogurt Juice	17 NO SCHOOL
Pop Corn Chicken BBQ sauce Green Beans Choice of Fruit		Chicken and Noodles Whipped Potatoes/gravy California Blend Choice of Fruit	Cheeseburger/Bun Pickle Slices Tater Tots Choice of Fruit	
<b>Presidents' Day</b> 20 	21 Pancake on a Stick or Cereal Toast/Jelly Juice	22 Danish or Cereal Sausage Links Juice	23 Egg Omelet or Cereal Toast/Jelly Juice	24 English Muffin or Cereal Yogurt Juice
	Bosco Sticks w/Marinara Sauce Green Beans Vanilla Wafers Choice of Fruit	Fish/Bun Macaroni and Cheese Broccoli Choice of Fruit	Chicken Patty Whipped Potatoes/Gravy Peas Choice of Fruit	Grilled Cheese Pickle Spear Mixed Vegetables Choice of Fruit
27 Breakfast Pizza or Cereal Scooby Grahams Juice	28 French Toast Sticks/Syrup or Cereal Sausage Links Juice	29 <b>Leap Year</b> Sausage/Biscuit/Gravy or Cereal – Biscuit/Jelly Juice	1 <b>March</b> Pop Tart or Cereal Yogurt Juice	2 Coffee Cake or Cereal Yogurt Juice
Salisbury Steak Whipped Potatoes/Gravy Bread/Butter Choice of Fruit	Beef Stroganoff Whole Wheat Butter Bread Peas Choice of Fruit	Chicken Strips w/BBQ sauce Green Beans Roll Choice of Fruit	Sloppy Joe/Bun Corn Iced Graham Cracker Choice of Fruit	Cheese Pizza Combination Salad Pudding Choice of Fruit

Variety of Milk served with each meal

Reminder: East Richland Food Service uses a debit not a credit system. Accounts need to maintain a positive balance.

**Exciting Reliable Cuisine Undoubtedly #1**  
 Growing Strong Healthy Tigers, one Meal at a Time!  
 -ERCU1 Food Service Department

Prices	
Breakfast	\$1.50
Reduced	.30
Adult Breakfast	\$1.75
Lunch	\$2.00
Reduced	.40
Adult	\$2.75